THE TERRACES
AT PEACHTREE HILLS PLACE

The Terraces Tempo

September 2024

Grandparents Day Celebration!
Sunday, August 8, 2:00pm

Grandparents are Great!
Please join us for an afternoon of intergenerational fun! Live music, root beer floats, family games, and a special project.
Please bring copies of your favorite grandparent photos.
Please RSVP Lisa Cook,
lcook@peachtreehillsplace.com

Grandparents Day
Sunday, September 8

Grandparents Day falls on the first Sunday after Labor Day. The idea for grandparents day was first introduced by a 9 year old boy in a letter to President Nixon in 1969. The office of the president acknowldedged the significance of honoring grandparents but respectfully declined to proclaim a designted day. Over the years, legislators and teachers took up the torch and in 1978, Jimmy Carter signed a proclamation declaring the first Sunday after Labor Day to be National Grandparents Day. The statute cites the day's purpose: "...to honor grandparents, to give grandparents an opportunity to show love for their children's children, and to help children become aware of strength, information, and guidance older people can offer".

The flower of the U.S. National Grandparents Day is the forget-me-not which blooms in the spring. As a result, seasonal flowers are given in appreciation to grandparents on this day.

Send your grandparents some love on this special day!

LIVE LOVE READ

MEMBER SPOTLIGHT

MARGARET C.

Margaret has been an amazing member of the Terraces family since September 2020 and has been a team player since she arrived. Margaret participates in every activity that is hosted by the activities team with a good attitude and a smile on her face. Margaret has a passion for making sure all members are getting some form of stimulation to the brain. With a background in teaching and a formal Journalist for the Atlanta Journal Constitution, Margaret volunteers to read to our members once a month. The Terraces family would like to say thank you Margaret for all that you do!

ASSOCIATE SPOTLIGHT

CHEF JAMIE GRAY

Chef Jamie comes to The Terraces with 12 years of experience in the restaurant industry. He describes his work as creative hospitality combining his creativity as a chef and his desire to serve others. He values the role of family time and meals as being essential to the home.

Chef Jamie is extremely passionate about his work. He loves getting to know the members and creating an environment of empowerment and engagement. He wants to display his love of cooking to those in his household and encourage those who also love cooking to be a part of his menu planning by incorporating their recipes and ideas in to the menu.

Chef Jamie loves music and is creating a playlist of members favorite songs. Jamie also has a great sense of humor and enjoys stand up comedy. As a matter of fact, he's been on the stage and done some of his own stand up comedy routines.
Maybe...we'll have the opportunity to see one of his routines!

Chef Jamie is engaged and looking forward to tying the knot next Fall. Chef and his fiancee love to travel, try new restaurants, and cook together.

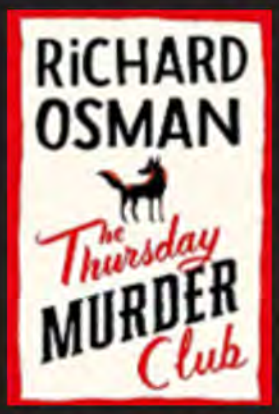
Welcome to The Terraces Chef!

LAST MONTH'S HIGHLIGHTS

Happy Anniversary!

September 5
Happy 58 Years to Helen and Steve!

September 15
Happy 68 Years to Shirley and Bob!



Assisted Living Book Club

Join us Tuesday, September 10 at 3:00pm in the Club Household for light refreshments and literary discussion. This is our first meeting and we are excited the get this group going. We are reading THE THURSDAY MURDER CLUB BY RICHARD OSMAN. In a peaceful retirement village, four unlikely friends meet up once a week to investigate unsolved murders. But when a murder takes place on their very doorstep, the Thursday Murder Club find themselves in the middle of their first live case. Elizabeth, Joyce, Ibrahim and Ron might be pushing eighty but they still have a few tricks up their sleeves. Can our unorthodox but brilliant gang catch the killer before it's too late?
All are invited! It's okay if you didn't read the book.

Short Story Book Club

Don't have the time or attention to read a novel? Then this club is for you! Each book consists of 18 -20 pages in large print. The topics vary and are selected to facilitate discussion. Members do not read the book prior to the meeting as the group reads the book together. The source for the books is Hearthstone Institute.

Memory Care. The group meets on Mondays at 3:00pm except for September 2 and September 30.

Assisted Living. The group meets on Friday, September 13 and 27 at 2:00pm.

STAFF BIRTHDAYS

9/1 Mary Pitts
9/2 Cindy Legenord
9/2 Maleek DeRose
9/5 Valencia Hudson
9/10 Mariamma Khannu
9/16 Neeta Garabadu
9/16 Joyce Onome Kolo
9/16 Jonielle Anderson
9/22 Deborah Harper

RESIDENT BIRTHDAYS

9/10 Susan C.
9/13 Jane J.
9/20 Gary L.

Destination Theatre

Destination Theater presents "Now Showing! Classic Movies and TV Songs".
Destination Theatre is a small local theatre company that performs plays and musicals for schools and senior living communities. The cast are young, talented actors who provide great performances. The title speaks for itself as the cast will perform classic movies and TV songs which members will surely recognize and enjoy.

Thursday, September 19
2:00pm
Community Room

AL On The Go!

Lunch Outing to OK Café.
Monday, September 9, 11:30am.
OK café was founded in 1987 and serves delicious southern style food. Join us for a meal at this iconic restaurant.
The cheese grit cake appetizers are a must!

Titanic Immersive Experience.
Monday, September 16, 1:30pm.
Featuring over 300 artifacts, life-sized reconstructed rooms, 3D views, video animations, and state-of-the-art technology, this immersive experience offers a riveting and emotional journey through one of history's most iconic tragedies. Admission is $25.90 and we will pay at the door.

MC On The Go!

Lunch Outing to PF Chang restaurant.
Friday, September 13, 11:30am.
Get out and join us for some delicious fresh Asian fusion food at this popular restaurant.

Fernbank Museum.
Monday, September 23, 10:30am.
Join us as we head to Atlanta's best science and nature museum. From dinosaurs to botany, we'll see it all.

Admission and lunch fees will be billed to the member's account.

MORE HIGHLIGHTS

LET'S GET SOCIAL!
College Football Kick-off Party! Friday, September 6, 2:30pm on the patio. We're in the south and college football season is here! Go dawgs! Games, food, and contest for most "FAN"-tastic outfit! Get your pom poms, jerseys, and other fan gear on and join us for an afternoon of fun. P.S. you might want to brush up on your team's cheer.

Wine Down Happy Hour with live music. Wednesdays in the Bistro, 3:00–4:00pm. Join us for live music, refreshments, wine, and alcohol free beverages.
9/4 Brandon Crocker. Singer, songwriter and guitar player Brandon sings our favorites by performers such as the Beatles, James Taylor, Neil Diamond, John Mayer, Eric Clapton, and more!
9/11 Karizma Duo. Judy and Chris are a lively duo singing songs from the 60s, 70s, and 80s.
9/25 Michael Duffee. Michael brings charm and energy to his performances playing the guitar and singing songs from all eras.

Memory Care Members. Taco Bar Tuesday. September 17, noon. Need I say more! Tacos, toppings, chips!

Assisted Living Members. Lunch at the Cowboy Corral. Tuesday, September 24, 12–1:30pm. AL members are invited to our second monthly themed lunch. Grab your hat and gallop on down to the bistro for steaks, cowboy caviar, and more. Invitations coming soon. Friends and family welcome.

WACKY AND SEASONAL FUN!
Garden Club. Tuesday, September 10, 1:30pm. River Household. Calling all members who like to dig in the dirt. We've cleaned out our flower pots and it's time to get new plants in the soil. Join us to get your hands dirty and liven up our patio.

Creative Crafting – Make a Fall Wreath. Wednesday, September 18, 3:00pm. Fall is on its way. Let's get ready! Join us to make a lovely fall wreath for your home. Hot cider and supplies provided! No experience necessary.

Putt Putt Golf Classic at The Terraces. Friday, September 20, 2:30pm. Community Room. We're celebrating National Mini Golf Day! Why? Because we can! Put on your best golf outfit and join us for some putting games. For all levels and all members. Prizes, light refreshments, and tons of fun!

Creative Crafting – Making Scarecrows. Monday, September 30, 3:00pm. Yes! We are making our own scarecrows. You've seen them around town and at festivals. We'll need your help! Please dig through your closets and consider donating shirts, pants, dresses, hats, accessories, and plastic grocery bags for stuffing. Our scarecrows will need an outfit and a name. Scarecrows can be country, sophisticated, movie characters, heroes, and anything you want them to be. Start thinking now. The completed scarecrows will be displayed on the property and we'll have a chance to vote on our favorite. We'll provide the frame, stuffing, and miscellaneous clothing items as well. Please bring donations to the activity office by Monday, September 23.

BODY, MIND, AND SOUL
Northpoint Community Church Live Stream. Sundays, 11:00am. Community room. All members are invited to watch this non-denominational service on Sundays.

Move and Groove with Coach K. Mondays and Wednesdays, 2:00pm. Don't miss this seated exercise class led by Coach K! Like the title says, you will move and groove your way to great health under Coach K's high energy and fun direction. The class is designed for all fitness levels so NO excuses!

Music Therapy. Thursdays, 11:00am. Henry Wadsworth Longfellow wrote, "Music is the universal language of mankind." All are invited to join Jodi, our amazing music therapist for lively music and rhythm activities.
Balance Basics. Thursdays, 2:00pm. It's a fact – as we age, our balance changes. This class offers a variety of exercises and activities designed to target the muscle groups that contribute to better balance.

FAMILY FUN
Family Game Night. Tuesday, September 24, 6:00–7:00pm. Members, friends, and families are invited to an evening of family fun. We meet the 4th Tuesday of every month. This month we'll be playing jeopardy. Light refreshments. Please RSVP to evite sent the week prior to event.

Welcome GA Tech Student Volunteers

We would like to introduce you to our volunteers from Georgia Tech. Georgia Tech chapter of the Dementia Art Therapy Alliance (DATA) is a non-profit organization, which began last year at Columbia University and has now spread to 10 other schools this year. DATA has a small group of students (typically 8-10) visit a memory care community and do small arts and crafts projects with residents that have dementia. Georgia tech will start working with our members beginning the 3rd Saturday of September. Please help us welcome Georgia Tech to the Terrace's.

New Associates

Mariama Khannu - 8/5/24
CMA, Assisted Living

Latoria Hughes - 8/6/24
LPN, Assisted Living

Sermora Wright -8/7/24
CMA, Assisted Living

Sarah Parsons - 9/3/24
Activity Coordinator

Congratulations!

Mrs. Iynnah Kargbo has been an associate at The Terraces since May 10, 2023. Iynnah is from Sierra Leone, West Africa, she has resided in the US for a little over a year. Iynnah is very quiet and reserved, she is an only child. Iynnah has worked in the capacity as a CNA/CMA, however in her homeland Iynnah worked and practice as a Registered Nurse. On 6/27/2024 Iynnah renewed her status as a RN. We celebrate Iynnah on regaining her RN status in a different Country. We look forward to seeing her flourish in her role as a RN. Congratulations to Iynnah!

Community Contact Info

229 Peachtree Hills Avenue
Atlanta, GA 30305
678.619.6500

Visit our website!

https://www.peachtreehillsplace.com/
We'd love to hear from you! Leave a review.