THE TERRACES TEMPO APRIL 2025

THE TERRACES
AT PEACHTREE HILLS PLACE

SPRING TIME AT THE TERRACES

Spring has arrived at The Terraces, bringing fresh blooms, warmer days, and a wonderful lineup of events to enjoy! April is a time of renewal and celebration, and we are thrilled to share all the exciting activities planned for our residents, families, and friends.

One of the highlights of the month is our Easter Brunch on April 17. This cherished tradition is a time for togetherness, delicious food, and joyful moments with loved ones. We invite you to join us for a delightful meal and celebrate the spirit of Easter with our community.

As we look ahead, we are also preparing for the APDA Optimism Walk on Saturday, May 10. This annual event supports the American Parkinson Disease Association's mission to help those impacted by Parkinson's disease. We encourage families, friends, and team members to walk with us or support our fundraising efforts. Together, we can make a difference!

April will also bring plenty of social gatherings, seasonal crafts, outdoor activities, and engaging programs designed to enrich and uplift our residents. One of our most anticipated spring traditions is planting our raised beds and pots with beautiful flowers and fresh herbs. Residents will have the opportunity to get their hands in the soil and help bring our gardens to life!

Be sure to check our monthly calendar for all the details! We look forward to celebrating the beauty of spring with all of you. As always, thank you for being part of our wonderful community!

April Health & Fitness Screenings with TransPerfect Health
Thursdays, 2:00-3:00pm in the Bistro
Our therapy department, TransPerfect Health, is offering weekly health and fitness screenings to support your well-being! These complimentary screenings will help you stay on top of your health and fitness goals in a friendly, supportive environment. Don't miss this opportunity to check in on your wellness and receive expert guidance.

Celebrating Occupational Therapy Month

April is Occupational Therapy Month, a time to recognize the vital role occupational therapists (OTs) play in helping individuals regain independence and improve their quality of life. At TransPerfect Health, we celebrate the dedication, compassion, and expertise of our OT professionals who empower patients to overcome challenges and achieve their daily goals.

Why Occupational Therapy Matters
Occupational therapy helps individuals of all ages develop or regain the skills needed for everyday activities, such as:

- ✅ Recovering from injury or surgery
- ✅ Managing chronic conditions and disabilities
- ✅ Enhancing motor skills and cognitive function
- ✅ Adapting home and work environments for better accessibility

Recognizing Our OT Team
We extend our gratitude to our incredible OTs who work tirelessly to support our members. Their commitment makes a lasting impact on lives every day!

Join the Celebration! Let's show appreciation for our OT professionals throughout April. Share your stories, give a shout-out, or learn more about how occupational therapy transforms lives.

Thank you OTs, for making the world a more accessible place—one patient at a time!

April Flowers of the Month: Daisy & Sweet Pea

April is celebrated with two beautiful birth flowers—the Daisy and the Sweet Pea. The daisy, symbolizing purity, innocence, and new beginnings, is a cheerful bloom that brightens any garden. Sweet peas, known for their delicate fragrance and soft, pastel colors, represent gratitude and kindness. Both flowers remind us of the freshness and renewal that spring brings, making them the perfect symbols for this season of growth and joy.

You're Invited!
EASTER BRUNCH
Thursday, April 17
11:30AM

Family and Friends Easter Brunch

Join us for a delightful Easter Brunch Buffet as we celebrate the joy of the season with delicious food and warm company.

Enjoy a chef-prepared buffet brunch featuring classic Easter favorites and seasonal delights. Families and friends of members are welcome!
$25 for adults
$15 for children
RSVP by Friday, April 11
Terraces Reception at 678.619.5600 or
TerracesReception@peachtreehillsplace.com

We look forward to celebrating with you!

STATIONS OF THE CROSS
FRIDAY, APRIL 18. 11:00AM. Community Room

Join us for a short Stations of the Cross on Good Friday as we reflect on the journey of Christ. This solemn devotion offers a time for prayer and contemplation. All are welcome to participate in this meaningful observance.

MEMBERS
4/5 Frank B.
4/23 Dr. Ken H.
4/23 Sue G.

ASSOCIATES
4/4 Esther Nwigwe
4/5 Tiffany Binns
4/8 Melissa Pryce
4/11 Marie Sanon-Delatour
4/11 Adrianna Starks
4/14 Doris Ed-Malik
4/15 Asel Abel
4/17 Rose Elie
4/19 Sabriya Finch
4/21 Kasey Partus
4/22 Greg Heath
4/25 Dianne Allain
4/25 Rhonda Bennett
4/28 Dyquanesha Bryant
4/29 Navaehya Sewell
4/30 LaJaun Roginson
4/30 Kristin Wimbish

MEMORY CARE BIRTHDAY CELEBRATION!
Tuesday, April 22.
3:00pm
Mountain Household

Join us for cake, music, and toasts to celebrate all our members with April birthdays!

BOB'S BROADWAY CHORUS Coming to The Terraces Tuesday, April 8

We are excited to welcome Bob's Broadway Chorus, a volunteer singing group from Atlanta, to our community! This talented ensemble is known for its vibrant performances of Broadway classics, bringing the energy and excitement of musical theater to audiences of all ages. With a repertoire featuring beloved show tunes from timeless productions, their lively harmonies and enthusiastic spirit are sure to make this a performance to remember. Join us for an afternoon of music, nostalgia, and Broadway magic!

"SOCK HOP SWING" presented by Destination Theatre

Friday, April 4. 2:00pm Community Room

Our favorite little theatre troupe is back with a rockin' 50s musical!
These talented actors always please. Watch out - you might be part of the show!
The Sock Hop Swing will have you swaying in your seat and tapping your toes to the timeless sounds of rock 'n' roll, doo-wop, and swing. Watch as the performers take you on a musical journey through the 1950s, with synchronized dances, colorful costumes, and plenty of audience participation.

FRED JONES ON THE PIANO!
Join us in the Bistro the 3rd Monday of every month at 3:00pm for an hour of delightful piano music. Fred plays classical to contemporary songs for all to enjoy.

Dinner and a Movie: THE GREATEST SHOWMAN Tuesday, April 15. 5:00pm Community Room

THE SHOW!

Inspired by the life of P.T. Barnum, this musical follows his rise from poverty to creating the world-famous Barnum & Bailey Circus. Barnum gathers unique performers and outcasts, turning them into a spectacle that captivates audiences. With dazzling musical numbers and themes of acceptance, ambition, and perseverance, the film celebrates imagination and showmanship.

THE FOOD: A WHIMSICAL FEAST

BIG TOP DELIGHTS
Mini Corn Dogs, Circus Sliders
Circus Coleslaw
SWEET CIRCUS TREATS
Cotton Candy, Caramel Apple Slices
REFRESHIING BEVERAGES
Big Top Lemonade or Ringmaster's Punch
POPPIN' BIG TOP POPCORN

Lunch Outing
Mary Mac's Tea Room
Thursday, April 3
Departure: 11:00am

Join us for a delightful lunch outing to Mary Mac's Tea Room, Atlanta's beloved Southern dining tradition!
Enjoy classic comfort foods like fried chicken, collard greens, and sweet tea in a warm and welcoming atmosphere.
See Lisa or Bee to reserve your spot for this delicious experience!

Swing into Masters Week at The Terraces

We're bringing the excitement of Augusta to our community with a Par 3 Golf Contest, a Masters-Inspired Lunch, and a 19th Hole Happy Hour to toast the tournament in style!
Whether you're a golf pro or just here for the pimento cheese sandwiches, join us for a week of Masters magic!

SCHEDULE OF EVENTS
Monday, April 7 – Par 3 Contest
No experience necessary. Fun for all abilities!

Tuesday, April 8 – Masters Luncheon
Enjoy some of the Masters traditional concession offerings such as pimento cheese and egg salad sandwiches, and peach ice cream sandwiches for dessert.

Wednesday, April 9 – 19th Hole Happy Hour
Top off the week with Masters-inspired cocktails and mocktails, live music, and more!

Midtown Bowl Outing
Thursday, April 24
Departure: 1:30pm

Join us for a fun afternoon of bowling at Midtown Bowl - an Atlanta tradition since 1960.
Step into the historic lanes and immerse yourself in the nostalgia and excitement that has defined generations of bowlers.

With 32 lanes to accommodate enthusiasts of all ages and skill levels, our classic Atlanta bowling alley offers the perfect setting for unforgettable moments with family and friends.

No experience or skill required, just a desire for an afternoon of fun and laughter!

Outing
Picnic in the Park
Tuesday, April 15
Departure: 10:45am

We are packing our picnic basket. Join us for a fun-filled picnic lunch at the local park! Enjoy the beautiful outdoors while sharing delicious food, good company, and plenty of sunshine. It's the perfect opportunity to relax, unwind, and soak up the season's beauty! Don't forget your hat and sunscreen—see you there!

LET'S GET SOCIAL!

WINE DOWN WEDNESDAY HAPPY HOUR!

Every Wednesday, 3:00-4:00pm in the Bistro
Live Music, Refreshments, Beer, Wine, and a Variety of Alcohol Free Beverages

April 2. Music by guitarist and singer Brandon Crocker.
April 9. The 19th Hole Happy Hour. Celebrating the Masters Golf Tournament.
April 16. Music by guitarist and singer Michael Duffee.
April 23. Keyboard and singer Craig Hembree.
April 30. Karaoke with Ryan Shindler.

Frozen Yogurt Alert!

Cool off with a sweet treat!
Frozen yogurt is available every Thursday and Friday in the Bistro from 2:00-4:00pm.
Stop by and enjoy a delicious scoop.
Flavors vary week to week.

Don't miss out—treat yourself this week!

Did You Know?

Every Sunday, we offer church services on the big screen in the Community room. Let us know what church you prefer and we'll be happy to play it for you. See Bee or Lisa.

ON THE BIG SCREEN SUNDAY MATINEES

MATINEE: The Art of Racing in the Rain (2019)
SUNDAY, APRIL 6. 3:00PM.
Synopsis: A heartfelt drama based on the bestselling novel of the same name by Garth Stein. The film follows the life of aspiring Formula One race car driver Denny Swift (played by Milo Ventimiglia) through the perspective of his loyal golden retriever, Enzo.

MATINEE: The Peanut Butter Falcon (2019)
SUNDAY, APRIL 13. 3:00PM.
Synopsis: Zak, a young man with Down syndrome, escapes from a care facility to pursue his dream of becoming a professional wrestler. On his journey, he meets Tyler, a small-time outlaw on the run, who becomes his unlikely mentor and friend. Together, they embark on an adventure through the American South, encountering various challenges and forming a deep bond. Eleanor, Zak's caregiver, eventually joins them, leading to a heartfelt and inspiring story about friendship, independence, and chasing one's dreams.

MATINEE: Enola Holmes (2020)
SUNDAY, APRIL 27. 3:00PM.
Synopsis: When Enola Holmes, the teenage sister of famed detective Sherlock Holmes, discovers that her mother has disappeared, she sets off on a daring adventure to uncover the truth. Using her intelligence, resourcefulness, and detective skills, Enola outwits her older brothers, dodges a mysterious villain, and helps a young runaway lord while unraveling a larger conspiracy.

MARCH PHOTO ALBUM

Men's Luncheon

Our Assisted Living gentlemen with Executive Director, Hayden Herrick sharing a meal and getting to know each other.

Mardi Gras Party

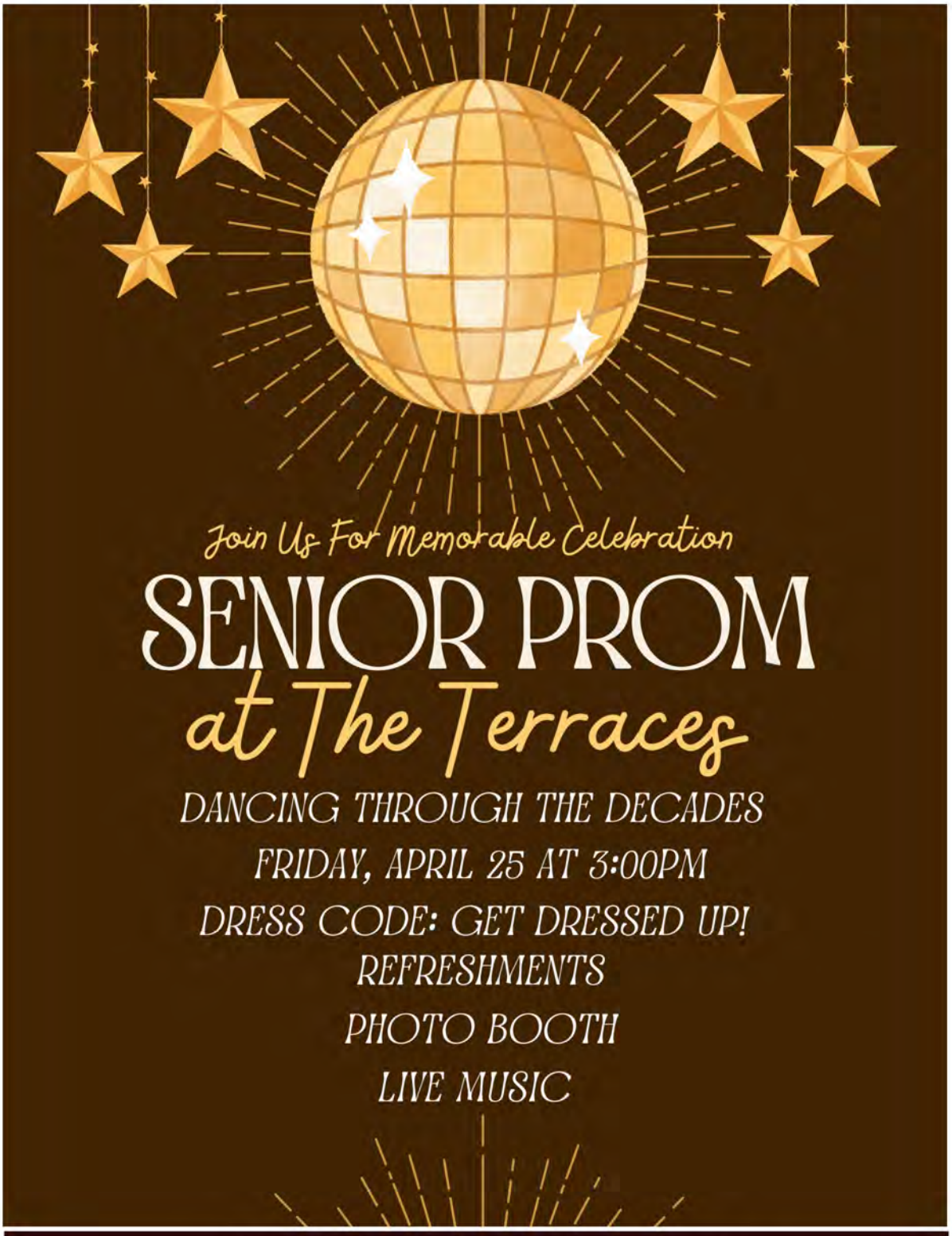
Celebrating Mardi Gras in style. These ladies are wearing beautiful masks they made in Art Class.

AL Member Luncheon

The theme for this month's luncheon was SHADES OF GREEN. Our culinary team rocked it with a green menu and the members showed up in shades of green.

St. Patrick's Day Party

All dressed up in green! We enjoyed live music by Irish drummer and singer Kathleen Donohoe.



Get Ready for The Terraces Senior Prom!
Members, families, friends, and associates are invited to an afternoon of fabulous music, delicious treats, and unforgettable fun!
Invitations coming soon! So grab your dancing shoes and your finest party wear and get ready to have some fun.