# THE TERRACES TEMPO

THE TERRACES
AT PEACHTREE HILLS PLACE

## August 2025

# ALOHA AUGUST!

The “dog days of summer” are here, and we’re embracing every sunny second! Did you know the phrase “dog days” dates back to ancient Rome? It refers to the time of year when Sirius, the Dog Star, rises and shines brightest—signaling the hottest, laziest, and most playful days of summer. We think it’s the perfect excuse to slow down, relax, and have some fun!

This month, we're bringing tropical vibes to our community with a festive Luau Celebration—complete with island music, fruity sips, and colorful décor to whisk us all away to a summer paradise. So grab your leis, don your brightest colors, and get ready to hula!

August also brings a few exciting updates to our neighborhoods:

We’re pleased to announce that Sara Carr, our new Activity Coordinator, will now be dedicated to Memory Care, where she’ll lead the Engagement Program with creativity, compassion, and joyful energy. Meanwhile, Faranda Caldwell will be moving into a new role in Assisted Living, where she’ll continue bringing her enthusiasm and thoughtful planning to the AL households. We’re so thankful for their talents and excited to see the wonderful experiences they’ll create in their new roles!

Throughout August, we’ll also be celebrating fun and meaningful moments like National Relaxation Day (August 15), Ice Cream Sandwich Day (August 2), and National Dog Day (August 26)—perfect chances to slow down, savor the season, and celebrate together.

Whether you're enjoying an island breeze at our luau, cooling down with a treat, or smiling at a friendly tail wag, we hope August brings you connection, joy, and a little tropical magic!

# Spotlights

## Member Spotlight

### Pat R.

Meet Pat – Our Neighborhood Nurturer
Originally from Knoxville, Tennessee, Pat brings a gentle, caring spirit to everyone she meets. She was married to her beloved Thomas for 65 years and is the proud mother of one son. Over the years, Pat shared her talents as both a piano teacher and an executive secretary at Children's Healthcare of Atlanta.
Pat is known for her constant smile and her heartfelt concern for others—always checking in on neighbors to make sure they're doing well or offering a helping hand. She enjoys the quiet company of a few close neighbors, often relaxing and watching TV together.
Pat has a true green thumb, and if you're looking for her, there's a good chance she's out on her patio reading the newspaper and relaxing amongst her plants. She also has a deep love for music. On special occasions, we're lucky enough to hear her play the piano in the bistro—her touch on the keys is as graceful as her presence in our community.
We're grateful for Pat's caring spirit and the joy she brings to our community every day.

## Associate Spotlight

### Donald Bristol

Donald Bristol is a security professional from New York, with more than a decade of experience, including the past five years at Peachtree Hill Place.

A U.S. Army veteran, Donald served in an airborne unit during Desert Storm in the early 1990s. He is currently expanding his skill set through EMT training, reflecting his ongoing commitment to safety and readiness.

Outside of work, Donald enjoys DJing, blending his love of music with a creative outlet that balances his day-to-day responsibilities.

Don't Miss a Moment!
Our newsletter gives you the highlights—but there's so much more happening every day! Be sure to check out the full calendar to see all the exciting activities, events, and surprises we have planned. You won't want to miss a thing!

# SUMMER LUAU!

## Friday, August 22
## 2:00pm. In the Bistro

Aloha!
You're Invited to Our Summer Luau!
We're bringing the islands to our community with an unforgettable celebration filled with the spirit of aloha!
Get ready for authentic Hawaiian dancers, frozen tropical treats, colorful leis for all, festive décor, and plenty of music and laughter to go around.
Members, families, friends, and associates—this is your chance to hula the day away and celebrate summer in true island style.

All are encouraged to get into the spirit with bright colors, floral shirts, grass skirts, or anything that brings the island vibe to life!

Join us for an afternoon of sunshine, smiles, and sweet memories. Let's make this luau one to remember!
Mahalo—we can't wait to see you there!

# Island Vibes Hawaiian Luncheon

**Wednesday, August 20**
**12:00pm | Community Room**

Aloha! Join us for a tropical escape at our Island Vibes Hawaiian Luncheon, where the spirit of the islands comes to life. Enjoy a delicious plate of Hawaiian chicken with rice, vegetables, and sweet pineapple, paired perfectly with a refreshing Blue Hawaiian mocktail. After lunch, sit back and enjoy the classic Elvis film Blue Hawaii—a feel-good favorite filled with music, sunshine, and island charm. Mahalo for celebrating with us!

**MEMBERS**
**8/7 Bebe W.**
**8/8 Ronald R.**
**8/15 Elaine M.**
**8/16 Ronald L.**
**8/30 Pat R.**

**ASSOCIATES**
**8/2 Altha Lawson**
**8/3 Saquan Black**
**8/4 Candi Williams**
**8/8 Latavia Benford**
**8/10 Aaron Branch**
**8/14 Faranda Caldwell**
**8/14 Rebecca Cadette**
**8/16 Sermora Wright**
**8/25 Evelyn Taylor-Davis**
**8/27Heather Tucker**
**8/28 Erica Housmah**
**8/28 Steven Ellis**
**8/29 Mamie-Kema Mustapha**

Monthly Birthday Celebration
MC: Tuesday, August 26, 3:00pm
Mountain Household
AL: Friday, August 14, 4:00pm
River Household

Join us for a joyful celebration of members and associates with an August Birthday.
Music, cake, toasts, and birthday trivia!

# Events

## AL Lunch Outing St. Germain Cafe & Bakery

**Wednesday, August 5**
**Depart: 11:15am**

Bon Appétit at St. Germain!
We're heading out for a delightful lunch outing to St. Germain French Café & Bakery!
Join us as we indulge in Parisian charm, savor flaky croissants and sandwiches, rich quiche, and decadent desserts—all in a cozy, French-inspired setting.

## Outing SCAD Museum

**Tuesday, August 19**
**Depart: 10:00am**

We're headed to the stylish and inspiring SCAD FASH Museum of Fashion + Film!
This unique museum showcases the creativity and influence of fashion and film through rotating exhibits featuring renowned designers, photographers, and artists.
It's a perfect outing for those who appreciate art, culture, and a touch of glamour.

## Fun with Tula!

Have you met Tula yet? That's our nickname for the IN2L (It's Never 2 Late)app — a fun, easy-to-use touchscreen program filled with activities made just for older adults.
Tula is a tool we use regularly with our members to support connection, engagement, and joy throughout the day. It's available on a mobile large screen in our community, and families are always welcome to observe or join in.
What You'll Find on Tula:

- Games – Trivia, word games, puzzles, card games
- Music – Sing-alongs, oldies, and instrument play
- Travel & Nature – Virtual tours and scenic videos
- Spiritual Content – Hymns, devotionals, and meditations
- Exercise Videos – Gentle movement and chair fitness
- Lifelong Learning – History, art, science, and culture

There's no tech experience needed — just tap and enjoy.
We look forward to having you join us for some fun with Tula!

## Short Story Book Club

**AL. Mondays at 3:00pm. River Household**
**MC. Fridays at 3:00pm. Mountain Household**

The Short Story Book Club is one of our most popular engagement events. The stories are thoughtfully designed by Hopeful Aging, a team of dementia experts and researchers based in Boston. Each book explores a different theme and is created for easy, one-session reading with large-print text. There's no homework or prior reading required — just come as you are. Every meeting features a new story, so members can join anytime and always feel welcome.

# Events

## Showing this month!

**Mid-Day Matinee**
**Sundays, 3:00pm**
**Community room**

August 3. On the Town
August 10. The Sound of Music
August 17. Rear Window
August 24. Ball of Fire
August 31. My Fair Lady

**Popcorn and drinks included!**

## Chef Demo & Tasting Experience "Island Escape"

**Tuesday, August 26, 2:00pm**
**Assisted Living Club Household**

Assisted Living members are invited to escape to the tropics without leaving your seat!
Join us for a flavorful afternoon as our chef prepares island-inspired bites, paired with a refreshing mocktail that bring the beach to you.
Featuring Grilled Pineapple & Teriyaki Chicken Skewers - a sweet and savory favorite, served warm with a light tropical glaze.
Served with a refreshing Island Mojito Mocktail or Pineapple Coconut Fizz. Creamy, bubbly, and cool — like a vacation in a glass!

## Destination Theatre presents Opry Opals & Cowboy Classics

Wednesday, August 27, 2:00pm
Community Room

From the soulful ballads to the foot-stomping honky-tonk hits, this show celebrates the iconic sounds that shaped country music from the '40s, '50s, and '60s. This show transports you to a time when country music told stories of love, heartbreak, and good ol' fashioned fun. So put on your cowboy boots, grab your partner, and join us for an hour of country music that's sure to warm your heart and lift your spirits!

## Let's Do Lunch

**Deli Delights: A Men's Lunch Event**
**Wednesday, August 27, 12:00pm**
**Assisted Living Club Household**

This month, our gentlemen are invited to enjoy a classic lunch with big flavor and no fuss at our Deli Delights gathering. The menu features hearty sandwiches piled high with favorites like pastrami and turkey, served alongside crisp pickle spears, kettle chips, and classic sides like potato salad. Root beer and cold sodas complete the experience. It's a simple, satisfying meal shared in good company.

# Announcements

## Salon Schedule Update

NAIL SERVICES
Tuesdays, 9:00am – 3:00pm
Last appointment at 2:30pm.

HAIR SERVICES
Tuesdays, 9:00am – 3:00pm
By appointment for 4th floor; Memory Care is drop in. Last appointment at 2:00pm.

Fridays, 9:00am – 3:30pm
By appointment for Assisted Living and Independent Living; Memory Care is drop in.
Last appointment at 3:00pm.

Please call the receptionist at 678.619.5600 to make an appointment.

When booking your appointment, please be sure to leave a contact number so we can confirm or notify you in case of any changes. Thank you!

**Please Note:**
**The salon personnel are not permitted to provide services in our members' homes. Thank you.**

## Accushield Reminder: Safety First!

Thank you for embracing Accushield over the past several months. Your cooperation has helped us maintain a safe and secure community. Please remember that a valid driver's license or government-issued ID is required to sign in.
To ensure the safety of everyone in our building, we're unable to allow entry without proper identification. We appreciate your understanding and continued support in keeping our community safe.

## Are you in the loop?

Stay Connected with LifeLoop! LifeLoop is our community's digital hub for sharing, connecting, and staying informed. Whether you're a family member or an associate, LifeLoop keeps everyone in the loop.

Already Enrolled?
Here's How to Access LifeLoop: You have two options:
1. Mobile App: Log in through the LifeLoop app
2. Website: Go to www.lifeloop.com/login
o Username: Your email address
o Password: The one you created when first accepting the LifeLoop invitation which is typically sent right after your loved one moves in.

Trouble Logging In?
If you're having difficulty accessing your account, please contact LifeLoop directly as we are unable to reset your account.
402.915.3860 or support@lifeloop.com

With access to LifeLoop, you can:
• View and download event pictures
• Explore the activity calendar
• Read the monthly newsletter
• Get community announcements and updates
• Communicate directly with The Terraces associates

Not sure if you're enrolled? Reach out to Lisa Cook - lcook@peachtreehillsplace.com or 678.346.0846 for assistance.

# July Highlights

## Book Club with Volunteer

This book club was led by a young volunteer - the granddaughter of one of our Independent living members. It's always a treat to have visits from younger generations!

## Floral Arranging

Schnai and the ladies in MC making centerpieces for the dining room.

## July 4th Cookout

Members and families enjoyed live music by Ollie and Angie as well as grilled burgers and hot dogs!

# July Highlights

## July 4th Flag Display

Terraces members putting out flags for July 4th.

## Parrot Show

Our members enjoyed learning about different kinds of parrots and their unique habits. Some of our adventurous crew even had the chance to pet and feed these beautiful birds!

## Sunday Matinees

Members enjoying popcorn and watching some great oldies. This week it was Father of the Bride.

## All Fired Up!

Memory Care spent a creative afternoon socializing and painting a ceramic project of their choice.