THE TERRACES.
AT PEACHTREE HILLS PLACE

THE TERRACES TEMPO

Savoring September: Fall into the Fun!

As the air turns crisper and the leaves begin to blush with shades of amber and gold, we're leaning into all the cozy, colorful charm that September brings. This month, our community is bursting with activity, tradition, and celebration—there's something for everyone to enjoy!

We're kicking off the season with a spirited Football Tailgate Party, complete with game-day treats and team pride—whether you root for the Bulldogs or just love a good reason to cheer, we hope you'll join us! We'll also be honoring the incredible bonds between generations with a heartfelt Grandparents Day celebration, bringing stories, smiles, and maybe a few family traditions to life.

Later in the month, we'll breathe in the fresh fall air with a scenic trip to a local apple orchard—a perfect outing for sampling cider, sharing memories, and soaking in the season's beauty. And of course, what's fall without a little festival fun? We'll be making our own scarecrows to debut at our Fall Festival, where laughter, creativity, and autumnal flair will be on full display.

Be sure to check the calendar for even more September-themed activities, including craft sessions, music, seasonal treats, and plenty of reasons to gather together. Whether you're joining us for one event or many, we look forward to celebrating this beautiful season side by side.

Let's fall into September—together!

Celebrating Grandparents Day – A Sweet Day of Love and Laughter

Sunday, September 7
2:00-3:30pm in the Bistro

Grandparents Day is a time to honor the love, wisdom, and guidance that grandparents bring into our lives. First proclaimed in 1978, this special day serves as a reminder to treasure the connections between generations and to celebrate the family bonds that enrich our hearts.

We're marking the occasion with a joyful gathering for members, families, friends, and associates. Join us for an afternoon filled with live music to sing and dance to, an ice cream truck serving up cool and creamy treats, and games for all ages that will bring smiles to everyone's faces.

It's the perfect opportunity to spend time with the people you love, share laughter across generations, and create new memories together. Whether you're a grandparent, a grandchild, or simply someone who treasures the spirit of family, we can't wait to celebrate with you!

Happy Birthday!

MEMBERS
9/1 Julie J.
9/6 Floyd M.
9/10 Susan C.
9/10 Bob C.
9/11 Susan B.
9/13 Jane J.
9/16 Kathleen H.
9/20 Gary L.
9/21 Jack K.

ASSOCIATES
9/1 Mary Pitts
9/2 Maleek Derose
9/5 Valencia Hudson
9/10 Mariama Khannu
9/16 Joyce Onome Kolo
9/16 Nita Garabadu
9/22 Deborah Harper
9/25 Martisha Pollard

Celebrating Life's Special Moments

We love celebrating our members—especially birthdays and anniversaries!
If your loved one has a special day coming up, we'd be honored to make it extra meaningful. Please feel free to share any requests, traditions, or preferences with us so we can personalize the celebration and help create a joyful, memorable experience.

Congratulations to Steve and Henny for 59 wonderful years of marriage on September 5!

Don’t miss out! While we highlight some of our favorite upcoming activities in this newsletter, there’s even more fun on the monthly calendar. Be sure to check it out so you can join us for all the events, programs, and surprises we have planned!

Member Spotlight

Keith D.

Meet Keith, a beloved member of The Terraces family!

Born and raised in Grant, Michigan outside of Grand Rapids, Keith is the youngest of 8 brothers. He became a full time pastor, earning him the title "Pastor Keith". He devoted 35 years of service to his work, including helping new churches get their doors open, mission work, and helping his community in any way he could. He also specialized in welcoming new people into the faith with comfort, purpose, and a warm smile.

Keith has always been a natural caretaker, checking in on all of the members and associates and offering a warm hug. He has a wonderful wife, three children, and five grandchildren that he loves dearly.

After retiring, he now likes to spend his free time in boxing classes, out on the croquet lawn, being outdoors, and getting his steps in. He also enjoys billiards, shuffleboard, cornhole, and ping pong!

Associate Spotlight

Nevaehya Sewell

Meet Nevaehya Sewell, born and raised right here in Atlanta, Georgia! The middle child of five—three sisters and one brother—Nevaehya brings a wonderful balance of warmth, energy, and care to everything she does.

While working toward her degree in Business Management, Nevaehya discovered a true calling in helping others. That passion led her into the medical field, and since 2022 she has been a valued care partner with PHP. Most days, you’ll find her in Memory Care, sharing her kindness, patience, and love with our members.

When she’s not caring for others, Nevaehya is off exploring the world. She’s already visited London, Honduras, Mexico, and St. Maarten—and her travel list is still growing! Whether she’s caring for our members or discovering new destinations, Nevaehya brings joy, curiosity, and heart to every part of life.

Kick Off the Football Season !

Football Tailgate Party!
Friday, September 5, 2:30pm
on the Patio

Get ready to show your team spirit as we kick off the college football season with our very own Football Tailgate Party! Wear your favorite team colors, bring your loudest cheers, and get in the game-day mood with neighbors and fellow fans.

Our tailgate will be packed with all the essentials—delicious wings, ice-cold beer and sodas, upbeat music, and exciting games to keep the energy high. Whether you're here for the football talk, the friendly competition, or simply the great food, there's something for everyone to enjoy.

So gather your teammates (and maybe practice your victory dance), because this is one party you won't want to miss. We're bringing the stadium spirit right here—minus the long lines and parking hassles!

Let's celebrate the start of the season with tons of fun, team pride, and plenty of laughs. Go team!

Labor Day
Join us for
Rhythm, Relaxation, & Fun
Monday, September 1

Labor Day, first recognized as a national holiday in 1894, celebrates the hard work, dedication, and contributions of the American workforce. As we honor this tradition, our theme for the day is Rhythm, Relaxation, and Fun—a perfect way to pause, unwind, and enjoy the company of friends and family.

We'll start the afternoon with Rhythm and Relaxation, setting the tone for a stress-free holiday. Then, the fun continues on the patio with lawn games for a little friendly competition, refreshments to keep everyone cool and happy, and music to keep the festive spirit alive.

Bring your smile, your sense of fun, and maybe a little competitive spirit.

Exploring Switzerland
Armchair Travel w/ Jim Howe
Monday, September 8. 11:00am
Community Room

Tour this lovely country without leaving your chair! Experienced travel guide Jim Howe will be showing slides and discussing key landmarks in Switzerland.

Outing: Hillcrest Orchard
Thursday, September 11
Depart 10:00am

Join us for a trip to Hillcrest Orchards in Ellijay, GA, a family-owned apple farm since 1946. Enjoy a comfortable wagon ride through the orchard, tour the Apple Museum, watch an educational video, and indulge in warm apple pie with ice cream plus fresh-squeezed cider. The 40-minute tour leaves time to shop the farm market.

AL Lunch Outing
Fork in the Road Restaurant
Monday, September 15
Depart 11:30am

Join us for a delicious adventure at Fork in the Road in Tucker, where Southern comfort food meets generous portions and homemade flavor. From Cajun Shrimp and Grits to Fried Catfish, Sweet Potato Bites, and tangy house-made sauces, every bite is worth the trip. Bring your appetite—you won't leave hungry!

All are invited!!
Scarecrow Making Fun
Thursday, September 25
2:30pm
CommunityRoom

We are making Scarecrows for the Fall Festival! Get ready for some friendly competition and lots of creativity! Members, associates, families, and friends will join forces to design and build scarecrows for our October Fall Festival. Together, we'll stuff, style, and bring these one-of-a-kind characters to life while sipping warm apple cider and enjoying fall fun.

Start thinking now about your scarecrow's theme or character—will it be silly, spooky, stylish, or maybe a familiar face? At the Fall Festival, everyone will get the chance to vote for their favorite scarecrow, so bring your imagination and team spirit! Associate teams are also encouraged to enter their own scarecrows for display and voting.

How You Can Help
We'd love your support! Please donate old clothes, hats, accessories, wigs, and plastic grocery bags to help us create our unique scarecrows. Collection boxes are available in each elevator lobby.

Dinner and a Movie
Showing Road to Bali
Tuesday, September 12
5:00pm

In this musical, Harold (Bob Hope) and George (Bing Crosby) are two vaudeville performers in Australia. They sign up for a diving expedition led by the local island prince, Ken Arok (Murvyn Vye). They soon meet the prince's sister, Lalah (Dorothy Lamour), who rules a beautiful island. When their dive uncovers a jewel-filled chest, Ken tries to steal both the treasure and Lalah's throne, and the trio is forced into hiding. Dinner will be served in the community room. Popcorn and movie treats included.

Southern Winds Concert Band
Live on the Patio!
Friday, September 19
11:00am

Join us Friday, September 19 at 11:00 a.m. for a special performance by the Southern Winds Concert Band, a 60-piece community ensemble known for their lively and diverse repertoire. From traditional band music and light classics to Broadway hits, movie themes, and pop favorites, this high-energy concert is sure to have you tapping your toes. Founded in 2008, Southern Winds brings together talented adult musicians—including former music teachers, military band veterans, and college performers. Enjoy the music, sip on a refreshing mimosa, and relax with light refreshments on the patio.

International Wine Tasting Party & Fundraiser | Thursday, September 18 | 4–7pm

Join Us in Supporting Second Wind Dreams!
Isakson Living is proud to be the major sponsor of a very special fundraiser for Second Wind Dreams, an organization dedicated to fulfilling dreams for seniors. Enjoy an evening filled with international cuisine tastings, wine samplings, a wine pull, silent auction, and music from a live DJ—all while supporting a meaningful cause that brings joy and purpose to older adults.
Your participation helps make dreams come true! We invite you to join us in celebrating, giving back, and making a difference.
Tickets: $50 per person. Flyers available at the reception desk.
Contact Anna@secondwind.org for more information.

BOBS'S BROADWAY CHORUS coming Tuesday, September 30!

We are excited to welcome Bob's Broadway Chorus, a volunteer singing group from Atlanta, to our community! This talented ensemble is known for its vibrant performances of Broadway classics, bringing the energy and excitement of musical theater to audiences of all ages. With a repertoire featuring beloved show tunes from timeless productions, their lively harmonies and enthusiastic spirit are sure to make this a performance to remember. Join us for an afternoon of music, nostalgia, and Broadway magic!

save the date

The Pumpkin Truck Returns!
Wednesday, October 1. 10:00am - 12:30pm
The Terraces Patio

It's that time of year again—the Pumpkin Truck is rolling in for our annual fall tradition! Join us for a festive day filled with pumpkins for sale, a cozy coffee and pastry station, and a fun photo booth to capture the season's best memories. Don't miss this community favorite that brings the spirit of autumn right to our doorstep!

Fall Festival
Friday, October 10
4:30-6:00pm

Mark your calendars! Our annual Fall Festival is right around the corner, and you won't want to miss this celebration of autumn. Join us on the patio for an afternoon filled with live bluegrass music, delicious food, classic games, and seasonal fun.

Capture the memories at our photo booth, get creative with pumpkin painting, and enjoy the crisp fall air surrounded by friends and family. With activities for all ages and a festive spirit in the air, this is sure to be a highlight of the season.

Stay tuned for more details—bring your family, bring your friends, and get ready to celebrate fall together!

PHOTO HIGHLIGHTS

Chirstmas in July!

Hot coca, holiday tunes, and some creative ornament making! All had a good time as we painted starfish to look like Santa.

Lunch Outing: St. Germaine Cafe and Bakery

The AL crew hit the town for lunch enjoying delicious croissant sandwiches and sweet pastries.
Big smiles so the treats must have been great!

Rhythm and Rhyme with Sara

Members enjoying an energetic music therapy engagement with Sara! Our members are keeping the beat!

Men's Luncheon. Shrimp Boil

The gentlemen at the Terraces get together once a month to enjoy some male bonding. Each month, one of our gentleman associates join them. This month, Greg Heath, VP Health Services joined our members for a messy, hands on lunch.
Didn't see any shrimp left!

RECURRING EVENTS

Frozen Yogurt!
Thursdays and Fridays
2:00-4:00pm

BOOK CLUB
(AL) Mondays, 3:00pm
(MC) Fridays, 3:00pm

BINGO!
Fridays and Saturdays
2:00pm Bistro

Music Experiences

Rhythm and Rhyme with Sara
Wednesday, 10:30am. Mountain House
Melody and Motion with Sara
Thursday, 11:00am. River House
Music Therapy with Jody.
Thursday, 11:00am. Bistro
Mind Music Stimulation with Jody
2nd and 4th Thursday, 1:00pm. Lake House

Let's Get Moving

Move and Groove with Coach K
Mondays & Wednesdays, 2:00pm
Fridays, 1:30pm
Seated Balance and Core Class
Tuesdays, 2:00pm
Walking Club
(AL) Tuesdays, 11:00am
(MC) Wednesdays, 11:00am

MIDWEEK MELODIES
In the Bistro
Wednesdays, 3:00pm

Brighten your Wednesday afternoons with live music, light refreshments, and a variety of beverages served every week from 3:00–4:00 PM.
Relax, tap your toes, and enjoy the midweek rhythm with friends and neighbors!

Monthly Birthday Celebration!
(AL) Friday, September 12
(MC) Tuesday, September 23

Join us every month for a Neighborhood Birthday Celebration!
All are invited as we gather to celebrate members and associates.
Cake, toasts, games, poems, and singing!

Join us for CALENDAR CHAT!
We want our activity calendar to reflect you — your interests, ideas, and favorite pastimes. Join the Lifestyles Team for Calendar Chat, a regular monthly gathering where we'll review upcoming events, hear your suggestions, and brainstorm new ways to make each month meaningful and fun. Your voice helps shape the experiences we share!
Check out the calendar for this month's dates.

Worship Service
Thursdays, 1:30pm. River House
All are invited!